Shooting illegal drugs is not safe or good for your health. It puts you at risk for overdose, HIV, hepatitis B, hepatitis C and other serious infections. Help protect yourself and others. Use a brand new syringe every time you inject or divide drugs.

To find a syringe exchange program near you, call 1-800-541-2437

To find a drugstore that sells syringes without a prescription, call 1-800-541-AIDS (English) 1-800-233-SIDA (Spanish) or HIV/AIDS TDD Information Line 1-800-369-2437 Voice callers use the NY relay: 711 or 1-800-421-1220 and ask the operator for 1-800-541-2437

To find help with Alcoholism, Drug Abuse and Problem Gambling, call the New York State Office of Alcoholism & Substance Abuse Services (OASAS) HOPEline 1-877-8-HOPENY 1-877-846-7369 24 hours a day, 7 days a week

Or, in New York City only, call 1-800-LIFENET- (543-3638) all day, all week.

Developed by Seattle & King County Public Health

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Skin is tough!
Every time you hit, your skin barbs the point. Damaged points can lead to:

- Abscesses
- Infections
- Blown veins

Save your veins!

- If you miss your vein, reload a new syringe and try again in another site if possible.
- Don’t use the same point to shoot over and over again.
- Don’t try to sharpen a used point. This only makes more barbs.
- Don’t use the tip of your needle to mix your hit.

Use a brand new syringe EVERY TIME you poke your skin or vein.

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