

Shooting illegal drugs is not safe or good for your health. It puts you at risk for overdose, HIV, hepatitis B, hepatitis C and other serious infections.

Help protect yourself and others.

Use a brand new syringe every time you inject or divide drugs.

**To find a syringe exchange program near you, call
1-800-541-2437**

**To find a drugstore that sells syringes without a prescription, call
1-800-541-AIDS (English)
1-800-233-SIDA (Spanish)
or**

**HIV/AIDS TDD Information Line
1-800-369-2437**

**Voice callers use the NY relay:
711 or 1-800-421-1220
and ask the operator for
1-800-541-2437**

**To find help with Alcoholism,
Drug Abuse and Problem Gambling,
call the New York State Office of
Alcoholism & Substance Abuse
Services (OASAS) HOPEline
1-877-8-HOPENY
1-877-846-7369**

24 hours a day, 7 days a week

**Or, in New York City only,
call 1-800-LIFENET- (543-3638)
all day, all week.**

Developed by Seattle & King County Public Health

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What does **YOUR** needle look like?



Skin is tough!

Every time you hit, your skin barsbs the point.
Damaged points can lead to:

- Abscesses
- Infections
- Blown veins



New needle point

Save your veins!

- If you miss your vein, reload a new syringe and try again in another site if possible.
- Don't use the same point to shoot over and over again.
- Don't try to sharpen a used point. This only makes more barbs.
- Don't use the tip of your needle to mix your hit.

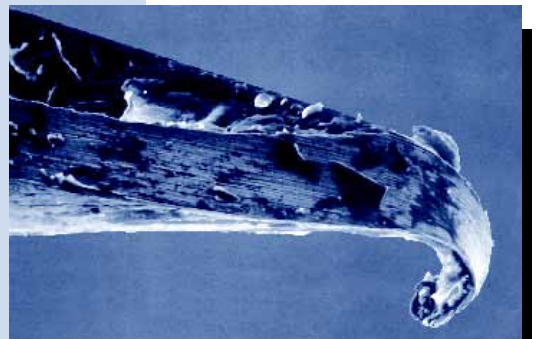


Needle point, used once



Needle point, used twice

**Use a brand new syringe
EVERY TIME
you poke your skin
or vein.**



Needle point, used six times